



**October 2018  
Breakfast  
Piscataway Middle  
School**


**Our menus are aligned with the USDA's  
"Healthier US School Challenge."**



1 Waffles w/ syrup Turkey Sausage 100% Juice Low Fat Milk	2 Turkey Sausage, Egg & Cheese on a Biscuit 100% Juice Low Fat Milk	3 French Toast w/Syrup Turkey Sausage 100% Juice Low Fat Milk	4 Egg & Cheese on English Muffin Hash Brown 100% Juice Low Fat Milk	5 Breakfast Pizza 100% Juice Low Fat Milk
8 French Toast w/Syrup Turkey Sausage 100% Juice Low Fat Milk	9 Turkey Ham, Egg & Cheese on a Biscuit 100% Juice Low Fat Milk	10 Waffles w/ Syrup Turkey Bacon 100% Juice Low Fat Milk	11 Egg & Cheese Wrap Hash Brown 100% Juice Low Fat Milk	12 Breakfast Pizza 100% Juice Low Fat Milk
15 Waffles w/ syrup Turkey Sausage 100% Juice Low Fat Milk	16 Turkey Sausage, Egg & Cheese on a Biscuit 100% Juice Low Fat Milk	17 French Toast w/Syrup Turkey Sausage 100% Juice Low Fat Milk	18 Egg & Cheese on English Muffin Hash Brown 100% Juice Low Fat Milk  ½ DAY SCHEDULE	19 Breakfast Pizza 100% Juice Low Fat Milk  ½ DAY SCHEDULE
22 French Toast w/Syrup Turkey Sausage 100% Juice Low Fat Milk  ½ DAY SCHEDULE	23 Turkey Ham, Egg & Cheese on a Biscuit 100% Juice Low Fat Milk	24 Waffles w/ Syrup Turkey Bacon 100% Juice Low Fat Milk	25 Egg & Cheese Wrap Hash Brown 100% Juice Low Fat Milk	26 Breakfast Pizza 100% Juice Low Fat Milk
29 Waffles w/ syrup Turkey Sausage 100% Juice Low Fat Milk	30 Turkey Sausage, Egg & Cheese on a Biscuit 100% Juice Low Fat Milk	31 French Toast w/Syrup Turkey Sausage 100% Juice Low Fat Milk	<b>Travel Chef for Breakfast</b> Schor – Oct. 2, 16 & 30 QT– Oct. 3, 17 & 31 CMack – Oct 4 & 18	

**Available Daily**  
Assorted Bagel Sandwiches  
Fresh Bagels

**Fruit and Yogurt  
Smoothies and Parfaits**  
Available at the Breakfast



**Offered Daily w/ Reimbursable Breakfast**  
Fresh Fruit or Fruit Cup  
100% Fruit Juice  
Low Fat & Fat Free Milk

**Menu subject to change**

Sodexo  
Jim Giannakis  
General Manager  
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