



**January 2019
Breakfast
Piscataway High School**



**Our menus are aligned with the USDA's
"Healthier US School Challenge."**

	1 HAPPY NEW YEAR!!!	2 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	3 Chocolate Filled Crescent Fresh Fruit 100% Juice Low Fat Milk	4 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
7 Bacon, Egg & Cheese Wrap Fresh Fruit 100% Juice Low Fat Milk	8 Apple or Cherry Frudel Fresh Fruit 100% Juice Low Fat Milk	9 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	10 Chocolate Filled Crescent Fresh Fruit 100% Juice Low Fat Milk	11 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
14 Bacon, Egg & Cheese Wrap Fresh Fruit 100% Juice Low Fat Milk	15 Apple or Cherry Frudel Fresh Fruit 100% Juice Low Fat Milk ½ DAY SCHEDULE	16 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	17 Chocolate Filled Crescent Fresh Fruit 100% Juice Low Fat Milk	18 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
21 NO SCHOOL MARTIN LUTHER KING	22 Apple or Cherry Frudel Fresh Fruit 100% Juice Low Fat Milk	23 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	24 Chocolate Filled Crescent Fresh Fruit 100% Juice Low Fat Milk	25 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
28 Bacon, Egg & Cheese Wrap Fresh Fruit 100% Juice Low Fat Milk	29 Apple or Cherry Frudel Fresh Fruit 100% Juice Low Fat Milk	30 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	31 Chocolate Filled Crescent Fresh Fruit 100% Juice Low Fat Milk	

**Available Daily
Assorted Bagel Sandwiches
Fresh Bagels, Pop tarts & Cereal**



**Fruit and Yogurt
Smoothies and Parfaits
Available at the Breakfast**

Menu subject to change

Sodexo
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